

SEPTEMBER 2024



MONTHLY NEWSLETTER

Official Newsletter of FMR India

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In September, our communities across India embraced unity, celebration, and impactful partnerships. From festive gatherings like Ganesh and Vishwakarma Pujas to engaging visits and events with esteemed organizations, each community experienced meaningful connections that reflect our shared commitment to inclusivity and empowerment. With heartfelt support from partners, we expanded our programs, strengthened community ties, and celebrated the talents and diversity within. Together, we continue building a brighter, more inclusive future.

”

Subin Varghese

COMMUNICATIONS COORDINATOR
FMR INDIA



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In our communities across India, we celebrate our diversity, honoring the unique histories and qualities each person brings. By fostering respect, unity, and understanding, we strengthen our collective identity and build an inclusive community. Though our journeys may vary, shared values unite us, and through open communication and empathy, we can bridge divides and overcome challenges. Let us move forward together toward a path of reconciliation and lasting harmony.

”

Dr Premanand M E

NATIONAL PRESIDENT
FMR INDIA



From the desk of the President, FMR INDIA

BY DR PREMANAND M E

FMR Communities all over India

In the heart of our community, we are continually invited to recognize and appreciate each other's unique qualities and differences. We strive to foster a spirit of unity and harmony, embracing the diverse backgrounds and experiences that shape our collective identity. Respecting one another's history and heritage is fundamental to building a strong and inclusive community.

While our paths may differ, we are united by our shared values and aspirations. We acknowledge that building relationships takes time and effort, particularly when faced with historical divisions or misunderstandings. Through open communication and empathy, we can overcome these challenges.

Let us, together, forge a path towards reconciliation and unity.

Warm regards



Dr Premanand M E
National President
FMR India.

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In September, we have had the privilege of hosting numerous visits and engage in discussions with esteemed foundations and organizations. These interactions not only highlight our shared commitment to empowerment and development but also pave the way for impactful partnerships that enhance our programs and services. The support and interest shown by our partners affirm the significance of our mission and motivate us to keep pushing the boundaries of what's possible. Together, we are creating a brighter and more inclusive future for all.

”

Bharathi Gopalakrishnan

NATIONAL LEADER,
FMR INDIA



Dr. Sushma and Mr. Mahesh from SVYM

Dr. Sushma M N, Medical Manager of the Palliative Care Program at Swami Vivekananda Youth Movement (SVYM), and Mr. Mahesh, Case Manager, visited Asha Niketan Bangalore to discuss collaboration opportunities. The focus was on leveraging SVYM's expertise to address the unique palliative care needs of our core members and to support community development for individuals with intellectual disabilities. This potential partnership aims to enhance the quality of life and provide comprehensive, compassionate care, marking a positive step towards our shared commitment to holistic well-being.



Mr. Paul and Mr. Lokesh from Acko General Insurance

Mr. Paul Mattam and Mr. Van Lokesh recently visited Asha Niketan Bangalore and were impressed by the organization's efforts to support individuals with intellectual disabilities. They expressed their commitment to exploring collaborations through CSR initiatives, corporate volunteering, and supporting marketplace events to showcase products crafted by core members. Their support aims to provide vital resources, enhance programs, and create greater community awareness, fostering a stronger partnership between Asha Niketan Bangalore and the corporate sector.



We recently engaged in several fruitful discussions exploring potential collaborations with **HelpAge India**, **Disability Network Alliance** and **Valmark Group**. These interactions represent promising steps towards establishing strategic partnerships that could significantly enhance our initiatives and support for individuals with intellectual disabilities.

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In our Asansol Community, we celebrated Ganesh Puja and Viswakarma Puja with joy, music, and unity, reflecting our spirit of inclusiveness. We also enjoyed a lovely birthday celebration for our members, filled with warmth and appreciation. The students from Narayana School visited and gifted handmade cards, creating meaningful connections. As we prepare for Durga Puja, we're grateful for the generous support that allowed all core members to choose new dresses, adding joy to the festivities. Thank you for your kindness!

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Sibhasish Mondal

COMMUNITY LEADER,
ASHA NIKETAN ASANSOL





We celebrated Ganesh Puja, honoring the god of wisdom, knowledge, and prosperity, and Viswakarma Puja, dedicated to the architect of the gods, in our community with great enthusiasm and devotion. Music, chanting, and the sharing of prasada fostered a sense of unity and spirituality. Both celebrations were beautiful, highlighting the inclusiveness and warmth of our community.

We celebrated our member's birthday in our community, and it was a joyful occasion filled with love and warmth. The celebration reflected the sense of belonging and mutual appreciation that define our community.



The students of Narayana School visited our community and gifted their own designed cards to our core members. This thoughtful gesture created a wonderful opportunity of interaction and connection. Our core members engaged in meaningful conversations with the students, fostering good communication and enhancing socialization. The visit not only brought joy to everyone involved but also strengthened the bonds between our community and the school, highlighting the importance of inclusion and collaboration.



As we prepare for the upcoming Durga Puja celebration, we are thrilled to share that all our core members received new dresses, thanks to the generous support of our friends. Your contributions have brought immense joy to their hearts, especially as they had the wonderful opportunity to choose their own outfits. We extend our heartfelt thanks to each of you for making this possible, and for adding an extra touch of happiness to this festive occasion. Your kindness has truly made a difference, and we look forward to celebrating Durga Puja together with warmth and gratitude.



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This month, we celebrated Ganesh Chaturthi with devotion, engaging our core members in the pooja.

Students from Misfit Acting Studio visited and enjoyed dancing and connecting with our members, discovering their acting talents. We were also grateful for the visit from Ms. Marieke of the International Club Bangalore, who checked on our community's needs and helped us secure 10 mattresses from The Mahjong Club Bangalore.

Thank you for your continued support!

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Lilly Rose

COMMUNITY LEADER,
ASHA NIKETAN BANGALORE





May Lord Ganesha bless you and your loved ones with happiness, health, and success. As a community, we celebrated Ganesh Chaturthi with great devotion, and our core members were deeply engaged in the pooja.

Students from the Misfit Acting Studio visited to spend time with our core members. The students were thrilled to interact with our core members, joining them in dancing and witnessing their emotional expressions. They also discovered that some of our core members have a talent for acting.



Ms. Marieke from the International Club Bangalore, who had been regularly donating to us, recently visited to inquire about our community's needs (In-Kind). I provided her with our needs, and the specific items we require. She then introduced me to her friend Ms. Sinead, who assisted us in obtaining 10 mattresses from The Mahjong Club Bangalore.



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In September, the Chennai Community of Asha Niketan celebrated Ganesh Chaturthi with a heartfelt pooja that brought everyone together. Our core members enjoyed a free carnival organized by Ooruni Foundation, filled with games and dancing. We celebrated birthdays with joy on the 26th and participated in an event by the Sneha Suicide Prevention Organization, allowing us to connect with other NGOs. Additionally, we showcased our members' talents at Vidya Sagar's Mela 2024.

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Lozilo Kikon

COMMUNITY LEADER,
ASHA NIKETAN CHENNAI



Our community joyfully celebrated Ganesh Chaturthi with a successful and heartfelt pooja, bringing everyone together in devotion and festivity.



Ooruni Foundation organized a free carnival in 2024 and invited us to participate. All the core members thoroughly enjoyed a variety of games and won several prizes. They were also given the opportunity to dance, which made our core members incredibly happy. It was a joyful and memorable day for everyone."



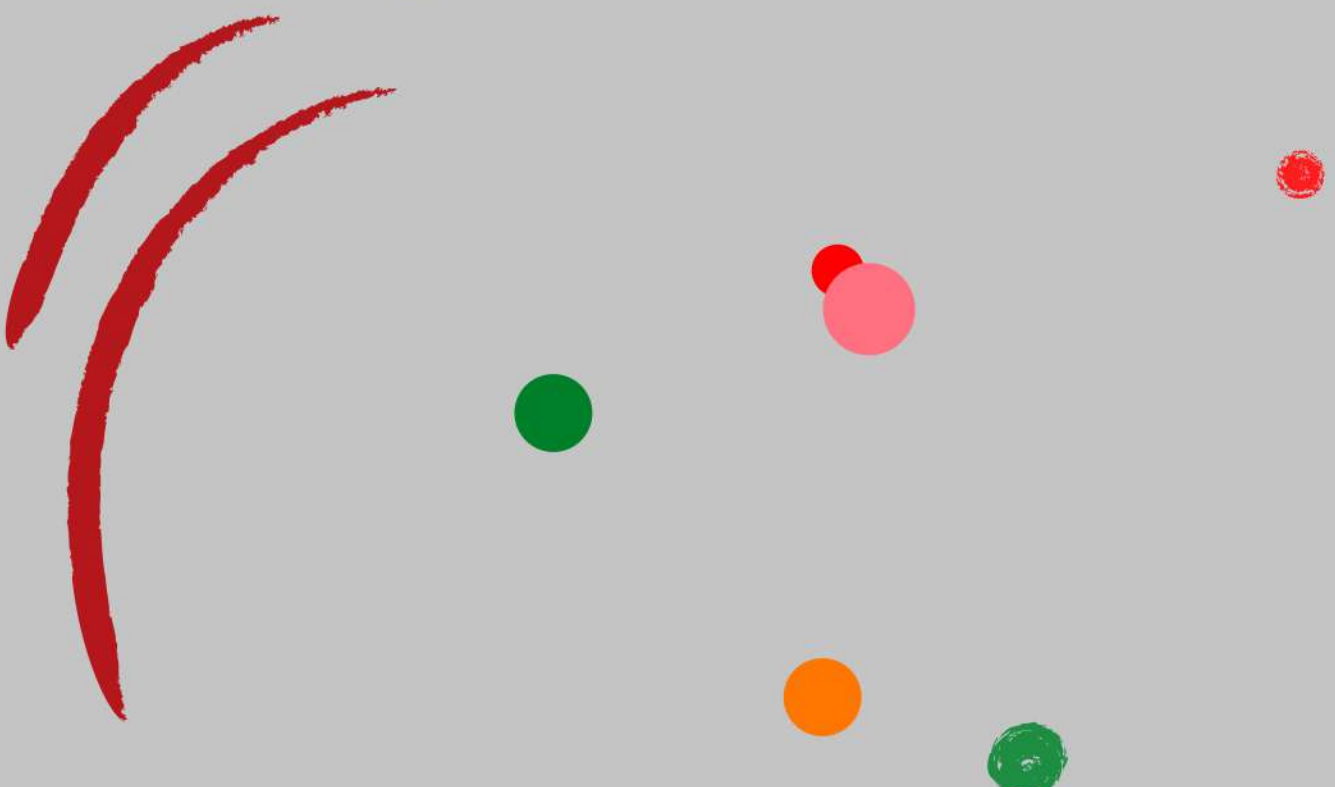
We celebrated birthdays of members on the 26th of September it was filled with joy and happiness as everyone came together to enjoy the special day



Ms. Lozilo, along with one male assistant and a core member Ms Asiya, attended an event organized by the Sneha Suicide Prevention Organization. Many NGOs were present, providing a valuable opportunity to network and get to know each other. It was a positive and enjoyable experience for us."



Vidya Sagar's Mela 2024 - Namma Pasanga Angadi warmly invited us to showcase the incredible talents of our core members and sell their unique creations. We are grateful to the organizers for this wonderful opportunity



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In September, the Kolkata Community of Asha Niketan enjoyed an exciting tour to Puri, sponsored by Travellers Parasite LLP, whose hospitality made the trip unforgettable. We also celebrated M/s First Choice Ready Mix's 10th anniversary with an interactive visit, and their continued CSR support over the past two years. Additionally, our members joyfully celebrated Vishwakarma Puja, honoring the God of creativity and craftsmanship in a festive atmosphere.

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Smritikana Mondal

COMMUNITY LEADER,
ASHA NIKETAN KOLKATA





After the COVID-19 pandemic, both day and resident core members of Asha Niketan Kolkata had the opportunity to embark on a tour to Puri. We were incredibly fortunate, as the entire trip was generously sponsored by Travellers Parasite LLP. We extend our heartfelt gratitude to them for their exceptional hospitality, warm welcome, and unwavering care throughout the journey. Their contribution made this experience truly memorable for all.





Participation in an inclusive & interactive visit by corporate organisation M/s First Choice Ready Mix for their 10th year celebration, they also provide regular CSR support.



Community Celebrations for Vishwakarma Puja at the Workshop: Members are in a festive mood as we fondly worship the God of creativity, skill, and craftsmanship.

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In September, the Nandibazar Community of Asha Niketan witnessed many memorable moments. We hosted an awareness session led by Mr. Yusaf Changaroth, celebrated Dr. Balanarayanan's service, welcomed back Felna Joseph and new volunteer Juliette, and bid a warm farewell to Ms. Hoineithem Kipgen. In collaboration with Sahani Hospital, we also organized a medical and dental camp, ensuring essential care for our core members.

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Jyothy Susan Joseph

COMMUNITY LEADER,
ASHA NIKETAN NANDIBAZAR





AN INDIAN

The community celebrated the Onam on 13th September 2024. This year's celebration was marked by the special presence of the National President, who joined the community in honoring the spirit of unity and heritage. The event featured vibrant floral arrangements, traditional dance performances, and a feast of authentic Onam dishes, allowing attendees to immerse themselves in the festival's customs.

On September 13, 2024, Mr. Yusaf Changaroth conducted an awareness session for parents on government support schemes and resources available to improve the quality of life for families and children with intellectual disabilities.



Community members gathered to celebrate Dr. Balanarayanan's birthday, honoring his 30+ years of dedicated service with heartfelt appreciation, small gifts, and a warm gathering.



The community warmly welcomes Felna Joseph back as the new Assistant, bringing valuable experience and dedication from her previous service.

The community warmly welcomed Juliette, a dedicated volunteer from France who joined on September 16. With a background in social work and a passion for cultural exchange, Juliette brings fresh enthusiasm and is set to enrich ongoing projects.



The community gathered to bid a warm farewell to Ms. Hoineithem Kipgen, honoring her impactful service, dedication, and positive contributions that left a lasting impression.

The community, in collaboration with Sahani Hospital, organized a medical and dental camp offering core members essential check-ups, screenings, and specialist consultations.





Journey in Asha Niketan

Ms. Nema

I will always remember Asha Niketan as a place where love flourishes and hopes are nurtured for every member and every visitor. During my time as a student volunteer, I discovered a profound truth about human existence: all one truly needs is acceptance and support to fully blossom.

Each day I visited, I was welcomed with a warm hug and a flower. The gentle love of the core members left a lasting impression on my heart, teaching me enduring lessons about the power of love.



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All one truly needs is acceptance and support to fully blossom



Thank you!



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